

## 14TH ANNUAL KEEP LA RUNNING

RESULTS FOR THE 5K RUN/WALK  
 Official results by PRIME TIME  
 SUNDAY, JULY 15, 2007 DOCKWEILER BEACH, CA.

PLACE	DIV	NO.	NAME	AG	S	DIV	TOWN	ST	TIME	PACE
1	1	1564	TERESO YANES	41	M	M4044	LOS ANGELES	CA	16:06	5:12
2	1	1507	DAMON COFFMAN	17	M	M1519			16:45	5:25
3	2	48	JOEY BIANCHI	15	M	M1519	GARDENA	CA	17:20	5:36
4	1	636	RUBEN BAERGA	14	M	M0114	MANHATTAN BE	CA	17:28	5:38
5	1	1727	LAURA MICKELSON	21	F	F2024	EL SEGUNDO	CA	17:30	5:39
6		0	BANDIT						17:40	5:42
7	3	650	RYAN STERNER	17	M	M1519			18:03	5:50
8	2	1569	ROGELO BAUTISTA	40	M	M4044			18:08	5:51
9	1	931	AARON NULL	24	M	M2024	MANHATTAN BE	CA	18:19	5:55
10	1	1804	HERNANDEZ MARGARITO	54	M	M5054	LOS ANGELES	CA	18:23	5:56
11	4	1825	ANDRES SAMUELSON	17	M	M1519			18:26	5:57
12	1	1761	LLOYD LEVINE	38	M	M3539			18:40	6:02
13	1	44	JAMES BERRY	32	M	M3034	NORTH HOLLYW	CA	18:42	6:02
14	2	872	GRANT LINDSAY	30	M	M3034	LOS ANGELES	CA	18:55	6:07
15	2	1817	RON RYAN	39	M	M3539	BAKERSFEILD	CA	19:02	6:09
16	3	290	JORGE LOPEZ	32	M	M3034	GLENDALE	CA	19:06	6:10
17	1	252	CHELSEA JOHNSTONE	18	F	F1519	VALENCIA	CA	19:13	6:12
18	1	704	RON KURRLE	59	M	M5559	IRVINE	CA	19:15	6:13
19	3	758	PETE PARKER	38	M	M3539			19:18	6:14
20	4	122	DONALD DANLAG	39	M	M3539	LA CRESCENTA	CA	19:25	6:16
21	4	1530	ELIEZER CRISTOBAL	32	M	M3034	LOS ANGELES	CA	19:30	6:18
22	1	488	TIM SYLVESTER	45	M	M4549	TOPANGA CYN	CA	19:38	6:20
23	2	359	JIM NEWMAN	45	M	M4549			19:51	6:25
24	1	1830	LILY ZEPEDA	25	F	F2529	REDONDO BEAC	CA	20:07	6:30
25	3	147	GLENN DUH	41	M	M4044	TEMPLE CITY	CA	20:11	6:31
26	5	638	RAVI RAJAN	34	M	M3034	MANHATTAN BE	CA	20:14	6:32
27	1	768	LYDIA SALINAS	47	F	F4549	LOS ANGELES	CA	20:14	6:32
28	6	813	ROBERTO CHAVEZ	33	M	M3034	PARAMOUNT	CA	20:16	6:33
29	5	293	JASON LUBIN	19	M	M1519	LOS ANGELES	CA	20:21	6:34
30	1	368	SUSAN O'BRIEN	32	F	F3034	VENICE	CA	20:34	6:38
31	3	557	JOHN WINKLER	46	M	M4549	THOUSAND OAK	CA	20:34	6:38
32	4	706	TOM HUITEMA	44	M	M4044			20:42	6:41
33	2	667	GARY MAAS	51	M	M5054	LA VERNE	CA	20:45	6:42
34	6	604	DIEGO RUBALCAVA	16	M	M1519			20:49	6:43
35	2	812	GERMAN ALONSO	56	M	M5559	DOWNEY	CA	20:51	6:44
36	7	225	JOHN HELTON	33	M	M3034	LOS ANGELES	CA	20:56	6:46
37	2	1840	CARLOS CALDERON	21	M	M2024	ARCADIA	CA	21:04	6:48
38	5	91	BRIAN CHASE	37	M	M3539	SHERMAN OAKS	CA	21:09	6:50
39	2	915	ALEXIA BURTON	18	F	F1519	MANHATTAN BE	CA	21:23	6:54
40	7	538	SEAN WASSON	15	M	M1519	EL SEGUNDO	CA	21:28	6:56
41	4	703	NICK TROZZI	47	M	M4549	PANORAMA CIT	CA	21:36	6:59
42	3	746	RICK JOLY	58	M	M5559	SUN VALLEY	CA	21:40	7:00
43	8	759	SAM HARAWAY	19	M	M1519			21:47	7:02
44	1	483	MICHELE SULLIVAN	41	F	F4044	PANORAMA CIT	CA	21:49	7:03
45	3	714	KILEY SCHAUMLEFFEL	19	F	F1519	ALTA LOMA	CA	21:50	7:03
46	5	29	ARCHIE BAILEY	45	M	M4549	LANCASTER	CA	21:51	7:03
47	4	1802	JIM FLANIGAN	57	M	M5559			21:55	7:05
48	9	747	ADAM FLORES	15	M	M1519	RANCHO PALOS	CA	21:55	7:05
49	6	816	CHRIS GAGLIANO	38	M	M3539	REDONDO BEAC	CA	21:56	7:05
50	1	1750	DAVID DIXON	60	M	M6064	MANHATTAN BE	CA	21:59	7:06

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PLACE	DIV	NO.	NAME	AG	S	DIV	TOWN	ST	TIME	PACE
51	1	539	YUPA WATHANASIN	35	F	F3539	PLAYA VISTA	CA	22:03	7:07
52	2	161	KATHLEEN EVANS	44	F	F4044	IRVINE	CA	22:06	7:08
53	1	624	NOAH GROSSMAN	25	M	M2529	MANHATTAN BE	CA	22:09	7:09
54	1	1755	MICHELLE GONZALES	14	F	F0114			22:26	7:15
55	7	681	MARK TARANGO	37	M	M3539	LOS ANGELES	CA	22:32	7:17
56	3	349	MATTHEW MUNOZ	22	M	M2024	VENICE	CA	22:37	7:18
57	5	889	RICHARD MEYER	41	M	M4044	LOS ANGELES	CA	22:37	7:18
58	2	920	GREG KELLY	64	M	M6064	HERMOSA BEAC	CA	22:41	7:19
59	6	1563	JIM LOPEZ	46	M	M4549	GARDENA	CA	22:41	7:20
60	3	702	BULLET BALES	62	M	M6064	GLENDALE	CA	22:50	7:22
61	8	902	WAYNE LEONARD	38	M	M3539	MANHATTAN BE	CA	22:56	7:24
62	6	1901	SCOTT YOUNG	43	M	M4044	MANHATTAN BE	CA	22:58	7:25
63	2	726	JILL FISHER	45	F	F4549			23:05	7:27
64	7	515	JOHN URATA	40	M	M4044	PASADENA	CA	23:05	7:27
65	2	1809	JESSICA YANEZ	26	F	F2529	CULVER CITY	CA	23:07	7:28
66	3	689	KEVIN NEFF	53	M	M5054	POMONA	CA	23:08	7:28
67	9	178	MASSIMO FUBELLI	37	M	M3539	PLAYA VISTA	CA	23:15	7:30
68	1	675	YOKO EICHEL	60	F	F6064	WOODLAND HIL	CA	23:17	7:31
69	4	420	YVON RIVEST	60	M	M6064	VENICE	CA	23:17	7:31
70	3	753	LIZ SMALL	44	F	F4044	TORRANCE	CA	23:31	7:36
71	2	1718	BILL HARNS	61	F	F6064	MANHATTAN BE	CA	23:32	7:36
72	2	1816	JOSHUA RYAN	13	M	M0114	BAKERSFEILD	CA	23:40	7:38
73	10	283	TIM LAWSON	38	M	M3539	LOS ANGELES	CA	23:48	7:41
74	3	665	DIANNA MAAS	47	F	F4549	LA VERNE	CA	23:50	7:42
75	4	722	BRENT GRIEGER	24	M	M2024			23:51	7:42
76	4	815	TED SULLIVAN	50	M	M5054	SIMI VALLEY	CA	23:54	7:43
77	3	477	ANDREA SPEAR	25	F	F2529	SANTA MONICA	CA	23:55	7:43
78	10	961	ETHAN WALDMAN	17	M	M1519	MARINA DEL R	CA	23:57	7:44
79	1	200	FRANK GREEN	70	M	M7074	HERMOSA BEAC	CA	23:59	7:45
80	5	600	BOB HUNT	56	M	M5559			24:02	7:46
81	6	1908	IRWIN MEREIN	57	M	M5559	LOS ANGELES	CA	24:06	7:47
82	4	769	MELDY AVILA	28	F	F2529			24:08	7:48
83	1	1831	RUBEN HUERTA	65	M	M6569	DOWNEY	CA	24:10	7:48
84	1	498	JEANNIE THOMPSON	50	F	F5054	HIGHLAND	CA	24:12	7:49
85	8	951	DONNY MOMCHIOV	31	M	M3034	MANHATTAN BE	CA	24:18	7:51
86	5	572	CAROLYN YIAN	29	F	F2529	NEWPORT COAS	CA	24:19	7:51
87	5	980	PETER RECH	61	M	M6064			24:19	7:51
88	7	67	WILLIAM BURNSIDE	48	M	M4549	LOS ANGELES	CA	24:31	7:55
89	6	775	BOB HACKFORTH	64	M	M6064			24:33	7:56
90	1	260	RACHELLE KATZ	55	F	F5559	NORTHRIDGE	CA	24:35	7:56
91	5	408	RICHARD REASER	51	M	M5054	EL SEGUNDO	CA	24:36	7:57
92		1571	ZEV YAROLSONY		M				24:40	7:58
93	11	973	JOSHUA RUTKOFF	36	M	M3539	LOS ANGELES	CA	24:48	8:00
94	4	1568	JOSEMARIE JEANPIERR	43	F	F4044			24:48	8:00
95	6	1520	MARK WHALEN	52	M	M5054			24:51	8:01
96	8	1753	ZEEERINO SANVACRUZ	49	M	M4549	LONG BEACH	CA	25:03	8:05
97	7	776	HELMUT KNUEPPEL	64	M	M6064			25:04	8:05
98	9	1542	BLAKE RAINY	48	M	M4549	HAWTHORNE	CA	25:07	8:06
99	6	829	KELLEIGH KINCAID	26	F	F2529			25:10	8:08
100	2	1833	LORRAINE GERSITZ	53	F	F5054	FULLERTON	CA	25:11	8:08

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101	2	453	ELENA SCHUBER	30	F	F3034	LOS ANGELES	CA	25:15	8:09
102	12	695	MATTHEW BERRIMAN	38	M	M3539	MARINA DEL R	CA	25:16	8:09
103	2	407	ALLISON REASER	14	F	F0114	EL SEGUNDO	CA	25:21	8:11
104	2	828	KEVIN POLAY	28	M	M2529			25:22	8:11
105	2	919	LORI KELLY	58	F	F5559	HERMOSA BEAC	CA	25:24	8:12
106	9	110	MATT COUNTÉ	30	M	M3034	SANTA MONICA	CA	25:25	8:12
107	2	1759	WENDY RAYMOND	36	F	F3539			25:25	8:12
108	10	960	JESSE TORRES	30	M	M3034	MANHATTAN BE	CA	25:34	8:15
109	2	715	KAREN ELEVAZO	24	F	F2024	LONG BEACH	CA	25:42	8:18
110	13	356	JULIA NAVARRO	36	M	M3539	PICO RIVERA	CA	25:47	8:19
111	11	646	TOM PASCHALL	34	M	M3034	MANHATTAN BE	CA	25:48	8:20
112	5	1560	TAMMY RICHMOND	44	F	F4044	LOS ANGELES	CA	25:50	8:20
113	8	1832	JOHN SIEMASZ	60	M	M6064	PLAYA DEL RE	CA	25:52	8:21
114	3	644	JENNIFER PASCHALL	33	F	F3034	MANHATTAN BE	CA	25:53	8:21
115	3	1545	ANDREW FOWLER	14	M	M0114			26:01	8:24
116	3	676	KARINA FLORES	21	F	F2024	LOS ANGELES	CA	26:02	8:24
117	11	1740	SALVATORE MAZATIEGO	15	M	M1519			26:04	8:25
118	8	1544	SHAWN FOWLER	42	M	M4044			26:05	8:25
119	7	906	BRIAN DONOVAN	50	M	M5054	MARINA DEL R	CA	26:17	8:29
120	4	645	JAMIE ZAKOSKI	24	F	F2024	MANHATTAN BE	CA	26:19	8:30
121	9	696	MANZ FALAH	43	M	M4044			26:21	8:30
122	4	1731	KEVIN CONTRERAS	13	M	M0114	SUNLAND	CA	26:32	8:34
123	5	724	DAVID AVILA	22	M	M2024			26:36	8:35
124	10	690	JEROME JOHNSON	46	M	M4549	ALTA LOMA	CA	26:37	8:36
125	10	958	TOMMIE WAGNER	43	M	M4044	MANHATTAN BE	CA	26:51	8:40
126	5	765	MAXWELL MILROY	13	M	M0114			26:53	8:41
127	8	764	BILL MILROY	50	M	M5054	TORRANCE	CA	27:07	8:45
128	5	296	ATHENA LYONS	23	F	F2024	EL SEGUNDO	CA	27:12	8:47
129	7	677	CINDY FLORES	25	F	F2529	LOS ANGELES	CA	27:20	8:49
130	3	1836	LEDA WHITMER	56	F	F5559	VALENCIA	CA	27:31	8:53
131	3	231	VAL HOLTOM	37	F	F3539	GLENDALE	CA	27:35	8:54
132	4	890	KATIE ARAMAKI	19	F	F1519	MANHATTAN BE	CA	27:36	8:55
133	14	40	DONNAVAN BAYAN	35	M	M3539	LAKEWOOD	CA	27:37	8:55
134	5	1715	ANNA RASMYS	17	F	F1519	PACIFIC PALI	CA	27:39	8:55
135	4	421	KIMBERLY ROBERTS	35	F	F3539	SANTA MONICA	CA	27:41	8:56
136	6	394	LINDSAY POLLOCK	16	F	F1519	LOS ANGELES	CA	27:46	8:58
137	7	580	GABY ZARATE-DE MACE	16	F	F1519	LA	CA	27:48	8:58
138	4	497	MAGAN TECHENTIEN	31	F	F3034	GLENDALE	CA	27:51	8:59
139	3	208	MIA HAAS GOLDBERG	13	F	F0114	MANHATTAN BE	CA	27:52	9:00
140	7	197	WILLIAM GOODIN	59	M	M5559	MANHATTAN BE	CA	27:54	9:00
141	8	328	LINDSAY MERRILL	26	F	F2529	LOS ANGELES	CA	27:55	9:01
142	9	429	ALAN ROMANSKY	62	M	M6064	LOS ANGELES	CA	27:56	9:01
143	8	962	IRA WALDMAN	56	M	M5559	PLAYA DEL RE	CA	28:00	9:02
144	5	261	REBECCA KEEGAN	30	F	F3034	BEVERLY HILL	CA	28:02	9:03
145	6	577	SUSAN ZAMBRANO	30	F	F3034	REDONDO BEAC	CA	28:06	9:04
146	5	216	REIKO HAN	38	F	F3539	LOS ANGELES	CA	28:11	9:06
147	6	425	ANNETTE RODRIGUEZ	37	F	F3539	LONG BEACH	CA	28:13	9:06
148	12	618	JULIAN JUAREZ	31	M	M3034	MANHATTAN BE	CA	28:14	9:07
149	2	278	HOWARD KUGEL	70	M	M7074	HARBOR CITY	CA	28:16	9:07
150	9	335	WILLIAM MILLER	58	M	M5559	INGLEWOOD	CA	28:29	9:12

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151		972	JIH-FANG YANG				LOS ANGELES	CA	28:34	9:13
152	6	196	LILIA GONZALEZ	41	F	F4044	LOS ANGELES	CA	28:38	9:14
153	11	317	DAVID MCDANIEL	40	M	M4044	REDONDO BEAC	CA	28:41	9:15
154	6	1717	KERRY JOHN	22	F	F2024	ORANGE	CA	28:42	9:16
155	13	591	JOSH HUNTINGTON	30	M	M3034	HOLLYWOOD	CA	28:45	9:17
156	10	246	PETER JACKSON	64	M	M6064	MORENO VALLE	CA	28:50	9:18
157	7	708	ANGIE KAUFMAN	42	F	F4044	TORRANCE	CA	28:58	9:21
158	7	982	JUDITH GALVAR	37	F	F3539			29:21	9:29
159	14	907	MICHAEL DELANCE	34	M	M3034	MANHATTAN BE	CA	29:28	9:31
160	8	94	LISA CHIRASELLO	36	F	F3539	LOS ANGELES	CA	29:28	9:31
161	9	468	JENNIFER SMITH	36	F	F3539	SANTA MONICA	CA	29:29	9:31
162	11	209	ROBERT HAAS GOLDBER	45	M	M4549	MANHATTAN BE	CA	29:29	9:31
163	4	210	SOPHIE HAAS GOLDBER	10	F	F0114	MANHATTAN BE	CA	29:30	9:31
164	3	1742	CHRISTOPHER CALVI	26	M	M2529			29:32	9:32
165	10	949	LEANN TOOKER	35	F	F3539	MANHATTAN BE	CA	29:37	9:34
166	8	461	LINDA SHARPE	43	F	F4044	SOUTH PASADE	CA	29:39	9:34
167	4	1522	KATHY JOLY	57	F	F5559	SUN VALLEY	CA	29:46	9:36
168	6	1737	EDDIE PICHE	14	M	M0114	LOS ANGELES	CA	29:54	9:39
169	9	965	JENNIFER HOPKINS	25	F	F2529	COMPTON	CA	29:57	9:40
170	3	109	HELEN COTA	51	F	F5054	EL SEGUNDO	CA	29:58	9:40
171	11	1827	PHILLIP LOYA	63	M	M6064	WILMINGTON	CA	30:22	9:48
172	15	693	DARRYL PETERSEN	38	M	M3539	GARDENA	CA	30:23	9:48
173	11	381	MINYOUNG PARK	35	F	F3539	REDONDO BEAC	CA	30:23	9:49
174	16	1813	MANDAR MALLYA	37	M	M3539	REDONDO BEAC	CA	30:38	9:53
175		730	RODOLFO ANDA			8			30:40	9:54
176	7	707	NICOLE WEITHAAS	33	F	F3034	LOS ANGELES	CA	30:42	9:55
177	12	149	RANDALL DUNCAN	48	M	M4549	MANHATTAN BE	CA	30:42	9:55
178	10	510	VICKI TUNKEL	25	F	F2529	WEST HOLLYWO	CA	30:44	9:55
179	1	1811	LEONARD WALTS	78	M	M7589	WESTWOOD	CA	30:46	9:56
180	1	476	GLENNA SPARKS	65	F	F6569	MANHATTAN BE	CA	30:47	9:56
181	4	1810	JANIS FONSECA	53	F	F5054	GLENDALE	CA	30:49	9:57
182	10	1716	NORMAN SAW	58	M	M5559	LAKEWOOD	CA	30:51	9:58
183	8	830	TAMARA CAMP	33	F	F3034			30:52	9:58
184	17	947	JOE RASIC	38	M	M3539	MANHATTAN BE	CA	30:59	10:00
185	18	406	MATTHEW RASIC	36	M	M3539	MANHATTAN BE	CA	30:59	10:00
186	11	637	MAYA RAMOS	26	F	F2529	MANHATTAN BE	CA	31:10	10:04
187	12	1726	BETINA STEIGER	25	F	F2529	SANTA MONICA	CA	31:11	10:04
188	19	435	ERIK ROTHMAN	37	M	M3539	SHERMAN OAKS	CA	31:12	10:04
189	11	1519	TERRY DGAARD	55	M	M5559			31:15	10:05
190	12	305	KRISE MANNIX	37	F	F3539	RANCHO PALOS	CA	31:17	10:06
191	13	384	MARCY PERMAN	36	F	F3539	SHERMAN OAKS	CA	31:19	10:06
192	9	999	MARY MCCLELLAND	34	F	F3034			31:20	10:07
193	13	1860	MICHELLE DOWNHAM	27	F	F2529			31:25	10:08
194	5	77	LILLIAN CARSON	55	F	F5559	TORRANCE CA	CA	31:30	10:10
195	7	1573	EMILY GIGOT	23	F	F2024			31:33	10:11
196	9	28	BRUCE BAGANO	50	M	M5054	NORTHRIDGE	CA	31:36	10:12
197	15	929	ISRAEL BAUTISTA	31	M	M3034	MANHATTAN BE	CA	31:41	10:14
198	14	166	ALAINA FENTON	26	F	F2529	LOS ANGELES	CA	31:48	10:16
199	14	893	CLAUDIA HALLBLOM	38	F	F3539	DOWNEY	CA	31:51	10:17
200	12	892	RICK HALLBLOM	58	M	M5559	DOWNEY	CA	31:51	10:17

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201	10	346	MELISSA MULHERN	31	F	F3034	LOS ANGELES	CA	31:56	10:18
202	8	410	ROBIN REASER	19	F	F1519	EL SEGUNDO	CA	32:01	10:20
203	16	1768	ROB AMIR	34	M	M3034			32:04	10:21
204	11	1582	KOTSINA COUTS	31	F	F3034			32:11	10:23
205	15	621	SARAH HUBER	26	F	F2529	MANHATTAN BE	CA	32:12	10:24
206	12	697	JOE BLOMSTROM	41	M	M4044	STUDIO CITY	CA	32:18	10:25
207	20	963	MARTIN HOLLY	36	M	M3539	INGLEWOOD	CA	32:20	10:26
208	5	911	ERIN NUNEZ	12	F	F0114	CARSON	CA	32:24	10:27
209	8	499	JENNIFER THOMPSON	23	F	F2024	VALLEY VILLA	CA	32:25	10:28
210	6	887	LINDA PETERSON	55	F	F5559	PLAYA DEL RE	CA	32:32	10:30
211	5	610	KATHY OCHOA	50	F	F5054	LOS ANGELES	CA	32:40	10:33
212	6	581	ANGELA ZIEMER	11	F	F0114	BURBANK	CA	32:40	10:33
213	15	564	DORIT WRIGHT	37	F	F3539	SHERMAN OAKS	CA	32:46	10:35
214	2	33	MARTY BARLOW	65	F	F6569	REDONDO BEAC	CA	32:46	10:35
215	21	414	KEVIN RHONE	35	M	M3539	LOS ANGELES	CA	32:48	10:35
216	3	950	VERA WHEELER	66	F	F6569	MANHATTAN BE	CA	32:51	10:36
217	12	189	THOMAS GAUCIN	16	M	M1519	WHITTIER	CA	32:52	10:36
218	12	118	ALEXANDRA CUNNINGHA	34	F	F3034	LOS ANGELES	CA	32:52	10:36
219	6	1738	IFEANYI EBIGBO	21	M	M2024	LOS ANGELES	CA	33:02	10:40
220	12	138	WAYNE DENTON	60	M	M6064	CULVER CITY	CA	33:04	10:40
221	7	851	NICOLAS EDWARDS	21	M	M2024	LOS ANGELES	CA	33:06	10:41
222	13	139	ANIL DEWAN	42	M	M4044	SANTA MONICA	CA	33:08	10:42
223	13	232	LAURIE HOYE	32	F	F3034	SANTA MONICA	CA	33:08	10:42
224	13	154	ALAN EISMAN	59	M	M5559	ARLETA	CA	33:13	10:43
225	16	559	MICHELLE WOLF	38	F	F3539	LOS ANGELES	CA	33:14	10:44
226	13	852	TRISTIAN MITCHELL	16	M	M1519	REDONDO BEAC	CA	33:14	10:44
227	13	802	RANDY LLOYD	60	M	M6064	AGOURA HILLS	CA	33:16	10:44
228	9	994	ALISON RIDDLE	21	F	F2024			33:17	10:44
229	4	716	DAVID MEJIA	26	M	M2529	LOS ANGELES	CA	33:18	10:45
230	7	472	MATTHEW SOLLEY	10	M	M0114	REDONDO BEAC	CA	33:23	10:46
231	8	885	EDBERT LIE	21	M	M2024	FULLERTON	CA	33:32	10:49
232	5	167	ANDREW FENTON	25	M	M2529	LOS ANGELES	CA	33:51	10:55
233	2	718	PAUL JACOBS	65	M	M6569	CULVER CITY	CA	34:01	10:59
234	9	103	JOSIE CONTRATTO	41	F	F4044	LOS ANGELES	CA	34:13	11:03
235	14	854	MYCHAL BAKER	19	M	M1519	LOS ANGELES	CA	34:14	11:03
236	17	688	GALITE REISMAN	38	F	F3539	SANTA MONICA	CA	34:20	11:05
237	22	904	DARRIN DOUGAN	35	M	M3539	MANHATTAN BE	CA	34:21	11:05
238	16	204	MARLISA GROGAN	27	F	F2529	LOS ANGELES	CA	34:26	11:07
239	10	203	ALISON GROGAN	24	F	F2024	LANAI	HI	34:30	11:08
240	18	1909	GRACE KINOSHITA	38	F	F3539			34:32	11:09
241	19	172	NICHOLE FORCE	37	F	F3539	LOS ANGELES	CA	34:32	11:09
242	10	943	KELLI ASKLAR	40	F	F4044			34:50	11:15
243	20	966	TAMI GUTIERREZ	37	F	F3539			35:05	11:19
244	3	456	JAE SCOTT	70	M	M7074	PLAYA DEL RE	CA	35:07	11:20
245	14	831	GINA RODARTE	33	F	F3034			35:12	11:22
246	21	827	EMEKA DILLEBE	38	F	F3539			35:20	11:24
247	13	1562	RAY YOSHIDA	45	M	M4549	GARDENA	CA	35:24	11:26
248	17	327	DAVID MERRILL	33	M	M3034	LOS ANGELES	CA	35:24	11:26
249	15	78	MYA CARUSO	31	F	F3034	HERMOSA BEAC	CA	35:32	11:28
250	6	25	MAXINE AXELROD	50	F	F5054	REDONDO BEAC	CA	35:34	11:29

		SUNDAY, JULY 15, 2007		KEEP5KRS.TXT		DOCKWEILER BEACH, CA.				
PLACE	DIV	NO.	NAME	AG	S	DIV	TOWN	ST	TIME	PACE
251	10	603	RAMON RUBALCAVA	51	M	M5054			35:34	11:29
252	11	164	QUINCYANN FEBRE	24	F	F2024	LOS ANGELES	CA	35:45	11:32
253	22	181	BARBARA ANN FUSELIE	38	F	F3539	SANTA CLARIT	CA	35:47	11:33
254	17	811	MICHELLE KIBBE	27	F	F2529	VENICE	CA	35:47	11:33
255	23	500	LAURA (WENHU TIAN	39	F	F3539	CULVER CITY	CA	35:48	11:33
256	23	825	KEN FLEMING	37	M	M3539			35:52	11:34
257	18	640	JENNIFER YOUNG	25	F	F2529	MANHATTAN BE	CA	35:52	11:35
258	3	385	DAVE PETERSEN	66	M	M6569	PLAYA DEL RE	CA	35:54	11:35
259	12	648	STEPHANIE PAC	23	F	F2024	MANHATTAN BE	CA	35:58	11:37
260	19	83	MARTINA CASTRO	25	F	F2529	WEST HOLLYWO	CA	35:59	11:37
261	20	514	CHRISTINA UM	29	F	F2529	WEST HOLLYWO	CA	36:00	11:37
262	8	1775	JOHAN RAMIREZ	9	M	M0114			36:14	11:42
263	11	1774	JUAN RAMIREZ	50	M	M5054			36:14	11:42
264	14	888	GENE WHITE	59	M	M5559	PLAYA DEL RE	CA	36:21	11:44
265	14	691	DERRICK ROBINSON	41	M	M4044	LONG BEACH	CA	36:26	11:46
266	21	69	CHARITO CALIPUSAN	28	F	F2529	LOS ANGELES	CA	36:27	11:46
267	9	195	LAURA GONZALEZ	18	F	F1519	LOS ANGELES	CA	36:29	11:47
268	13	207	KRYSTAL GUZMAN	21	F	F2024	LOS ANGELES	CA	36:30	11:47
269	4	247	TANYA JACOBS	45	F	F4549	LOS ANGELES	CA	36:34	11:48
270	4	145	PATRICIA DOWNING	67	F	F6569	WESTCHESTER	CA	37:04	11:58
271	9	311	DAVID MARTINEZ	21	M	M2024	LOS ANGELES	CA	37:09	11:59
272	5	469	LESLIE SMITH	45	F	F4549	LOS ANGELES	CA	37:13	12:01
273	7	329	LINDY MERRILL	57	F	F5559	LOS ANGELES	CA	37:25	12:04
274	3	314	ANGIE MCCAFFERY	60	F	F6064	LOS ANGELES	CA	37:29	12:06
275	4	1538	SUSAN DITTEMORE	62	F	F6064	HAWTHORNE	CA	37:41	12:10
276	15	362	MIKE NUGYEN	40	M	M4044	LOS ANGELES	CA	37:42	12:10
277	10	518	MARIO VALDIVIA	23	M	M2024	LONG BEACH	CA	37:47	12:12
278	15	12	DAVID ADAMS	17	M	M1519	LONG BEACH	CA	37:48	12:12
279	24	504	MARK TROLLINGER	36	M	M3539	CHANDLER	AZ	37:50	12:12
280	4	762	DAN COHEN	67	M	M6569			37:57	12:15
281	16	606	LYNN AMORES	31	F	F3034	LOS ANGELES	CA	38:01	12:16
282	25	92	BRYAN CHAVEZ	39	M	M3539	PASADENA	CA	38:20	12:22
283	18	806	HYUNG KIM	32	M	M3034	ARCADIA	CA	38:22	12:23
284	14	623	NIA HARMON	20	F	F2024	MANHATTAN BE	CA	38:22	12:23
285	8	1776	MARIA SHEU	57	F	F5559			38:24	12:24
286	16	1777	MANUEL CHAPKINY	40	M	M4044			38:27	12:25
287	11	862	STEVEN CRAFT	20	M	M2024	BELLFLOWER	CA	38:27	12:25
288	22	930	NIKKI PYLES	26	F	F2529	LOS ANGELES	CA	38:28	12:25
289	23	916	ALEJANDRA BRAVO	29	F	F2529	MANHATTAN BE	CA	38:28	12:25
290	24	47	ANNE BESSER	37	F	F3539	LOS ANGELES	CA	38:52	12:32
291	7	651	JOAN STTTON	51	F	F5054	GARDENA	CA	38:53	12:33
292	15	990	BREANNA WENZEL	22	F	F2024			38:56	12:34
293	19	242	BRENT ISHII	34	M	M3034	ROLLING HILL	CA	38:58	12:35
294	11	243	KERI ISHII	40	F	F4044	ROLLING HILL	CA	38:58	12:35
295	5	880	ELISABETH CHAGAS	64	F	F6064	LOS ANGELES	CA	39:01	12:36
296	7	219	CHLOE HARRISON	6	F	F0114	CULVER CITY	CA	39:02	12:36
297	6	220	MARIA HARRISON	63	F	F6064	CULVER CITY	CA	39:03	12:36
298	6	38	JOHN BASCO	26	M	M2529	GLENDALE	CA	39:13	12:39
299	26	635	JOSE HERNANDEZ	36	M	M3539	MANHATTAN BE	CA	39:14	12:40
300	12	409	RICKY REASER	22	M	M2024	EL SEGUNDO	CA	39:14	12:40

14TH ANNUAL KEEP LA RUNNING

RESULTS FOR THE 5K RUN/WALK  
 Official results by PRIME TIME  
 SUNDAY, JULY 15, 2007 DOCKWEILER BEACH, CA.

KEEP5KRS.TXT										
PLACE	DIV	NO.	NAME	AG	S	DIV	TOWN	ST	TIME	PACE
301	15	169	ELLIS FLUET	59	M	M5559	SIERRA MADRE	CA	39:23	12:43
302	16	473	RAY SOLLEY	55	M	M5559	REDONDO BEAC	CA	39:41	12:48
303	9	550	ADELL WILLIAM	55	F	F5559	INGLEWOOD	CA	39:46	12:50
304	17	760	LISA LIM	31	F	F3034	INGLEWOOD	CA	39:56	12:53
305	7	1540	SANDE ZIPSER	64	F	F6064			40:07	12:57
306	16	1741	CATHERINE ACKERMANN	24	F	F2024			40:12	12:58
307	4	70	LEO CAMACHO	71	M	M7074	DOWNEY	CA	40:28	13:04
308	8	964	AURELIA HOPKINS	52	F	F5054	COMPTON	CA	40:30	13:04
309		823	WHO ARE YOU						40:30	13:04
310	17	824	TOM WICKEC	58	M	M5559			40:30	13:04
311	12	370	KELLY O'HEARN	41	F	F4044	DANA POINT	CA	40:31	13:04
312		977	SIRLEY PKNS		F				40:32	13:05
313	14	701	DONALD HASHIMOTO	64	M	M6064	TORRANCE	CA	40:39	13:07
314	1	631	TERRY FUGINAGA	73	F	F7074	MANHATTAN BE	CA	40:45	13:09
315	13	332	JANIS MEZA	40	F	F4044	CARSON	CA	41:04	13:15
316	18	656	SUZAN POUR-SANAE	31	F	F3034			41:12	13:18
317		974	PAUL MATUSZEWSKI		M		LOS ANGELES	CA	41:18	13:20
318	24	289	VERONICA LOMBARDO	25	F	F2529	MARINA DEL R	CA	41:23	13:21
319	13	856	MARK LLOYD	21	M	M2024	REDONDO BEAC	CA	41:23	13:21
320	14	857	ARTHUR WILLIAMS	21	M	M2024	DOWNEY	CA	41:43	13:28
321	12	106	FRED COON	53	M	M5054	WHITTIER	CA	41:44	13:28
322	6	1576	ELIZABETH TAYLOR	45	F	F4549			41:53	13:31
323	19	826	HIIKA DILLIBE	30	F	F3034			42:10	13:37
324	17	308	CHRISTINE MARIANO	20	F	F2024	LOS ANGELES	CA	42:15	13:38
325	10	160	ELOISE EVANS	56	F	F5559	INGLEWOOD	CA	42:18	13:39
326	20	490	SUSIE TAE	30	F	F3034	LOS ANGELES	CA	42:20	13:40
327	15	402	PRESTON PROUTY	63	M	M6064	MANHATTAN BE	CA	42:23	13:41
328	7	463	JOYCE SHIMAZU	45	F	F4549	TORRANCE	CA	42:24	13:41
329	16	373	RONALD OKAMOTO	60	M	M6064	LA	CA	42:34	13:44
330	5	1824	ALAN SHPALL	71	M	M7074	SHERMAN OAKS	CA	42:37	13:45
331	9	822	JANET CUNNINGHAM	53	F	F5054			42:42	13:47
332	1	1762	DORA VALLARTA	76	F	F7589			42:53	13:50
333	18	405	CHARLES RAPPAPORT	55	M	M5559	LA	CA	43:21	13:59
334	11	1555	CATHLEEN KIRITZ	56	F	F5559	REDONDO BEAC	CA	43:23	14:00
335	12	936	HOLLY OSBORNE	55	F	F5559	REDONDO BEAC	CA	43:24	14:00
336	14	879	MELINDA RODRIGUEZ	40	F	F4044	MANHATTAN BE	CA	43:50	14:09
337	13	971	JULIE WATERS	59	F	F5559	TORRANCE	CA	43:53	14:10
338	25	193	LETICIA GOMEZ	35	F	F3539	COMPTON	CA	44:03	14:13
339	14	979	LYNE MARK	57	F	F5559			44:33	14:23
340	21	833	ELIZABETH PERALES	31	F	F3034	SAN GABRIEL	CA	44:34	14:23
341	7	107	GARY COPELAND	25	M	M2529	MARINA DEL R	CA	44:49	14:28
342	8	1837	DONNA KAUFMAN	62	F	F6064	TARZANA	CA	44:58	14:31
343	26	1786	MICHELLE JONES	35	F	F3539			45:03	14:32
344	10	1749	ELAINE POSTON	53	F	F5054	LOS ANGELES	CA	45:07	14:34
345	15	993	KAREN NAWROCKI	58	F	F5559			45:10	14:34
346	8	249	CRYSTAL JOHNSON	49	F	F4549	RANCHO CUCAM	CO	45:42	14:45
347	27	457	LAURA SECREST	37	F	F3539	SANTA MONICA	CA	46:13	14:55
348	15	361	ADRIAN NOVIT	40	F	F4044	SHERMAN OAKS	CA	46:36	15:02
349	9	605	HANSEL HARRIS DIENG	46	F	F4549			46:42	15:04
350	16	114	EMILY CROSBY	55	F	F5559	FONTANA	CA	46:46	15:05

14TH ANNUAL KEEP LA RUNNING

RESULTS FOR THE 5K RUN/WALK  
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 SUNDAY, JULY 15, 2007 DOCKWEILER BEACH, CA.

PLACE	DIV	NO.	NAME	AG	S	DIV	TOWN	ST	TIME	PACE
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351	18	876	DIANA HONG	21	F	F2024	S EL MONTE	CA	46:50	15:07
352	19	1772	CINDY LA	23	F	F2024			46:50	15:07
353	15	1773	KEVIN KHUONG	23	M	M2024			46:51	15:07
354	22	996	VANESSA COOKSEY	32	F	F3034			46:58	15:09
355	27	331	PETER KNIGHT MEYERS	36	M	M3539	LOS ANGELES	CA	46:58	15:09
356	17	1856	ARMANDO GARCIA	42	M	M4044			47:00	15:10
357	28	1857	JASON HUNTER	37	M	M3539			47:05	15:12
358	19	1747	RON GARBER	57	M	M5559	DUARTE	CA	47:09	15:13
359	9	525	CHARMAINE VAUGHN	60	F	F6064	SANTA MONICA	CA	47:29	15:19
360	23	627	GUADALUPE PALMA	31	F	F3034	MANHATTAN BE	CA	47:42	15:24
361	2	134	CARMELITA DEHAVEN	75	F	F7589	LOS ANGELES	CA	47:48	15:25
362	20	74	GLEN CARPENTER	56	M	M5559	BEVERLY HILL	CA	47:51	15:26
363	8	582	MARJA ZIEMER	10	F	F0114	BURBANK	CA	48:09	15:32
364	10	584	PIRKKO ZIEMER	48	F	F4549	BURBANK	CA	48:13	15:34
365	10	843	NORMA PEARSON	60	F	F6064	BELLFLOWER	CA	49:36	16:00
366	11	1767	PAT JACOBSON	49	F	F4549			50:34	16:19
367	17	1766	DAVID JACOBSON	62	M	M6064			50:36	16:20
368	17	364	MAUREEN NUNNARI	55	F	F5559	LA CANADA	CA	50:48	16:23
369	21	1839	STEVE GOLIGHTLY	55	M	M5559			51:07	16:30
370		1581	MARCIA SHEN		F				51:21	16:34
371	10	250	TIFFANY JOHNSON	18	F	F1519	RANCHO CUCAM	CA	51:38	16:40
372	9	66	KRISTEN BURGESS	14	F	F0114	RANCHO CUCAM	CA	51:42	16:41
373	14	901	JOHN DRAVILLAS	46	M	M4549	SANTA MONICA	CA	51:49	16:43
374	11	871	DALE OCONNOR	64	F	F6064	SAN PEDRO	CA	51:49	16:43
375	6	870	BILL FROEHLICH	70	M	M7074	SAN PEDRO	CA	52:12	16:51
376	11	1511	BERNICE HERNADET	50	F	F5054			52:14	16:51
377	24	383	ELIZABETH PERALES	31	F	F3034	SAN GABRIEL	CA	52:21	16:54
378	12	521	LUCIE VALLEJO	50	F	F5054	LOS ANGELES	CA	52:42	17:00
379	18	104	RAMONA CONTRERAS	55	F	F5559	ALHAMBRA	CA	53:08	17:09
380	25	620	VERONICA HUYNH	31	F	F3034	MANHATTAN BE	CA	53:08	17:09
381	20	619	ANTHONY HUYNH	31	M	M3034	MANHATTAN BE	CA	53:09	17:09
382	18	397	PAUL POTTER	60	M	M6064	SIERRA MADRE	CA	53:45	17:21
383	7	832	ELLSWORTH	71	M	M7074			54:49	17:41
384	28	1579	NATASHA WARCIEEN	38	F	F3539			55:17	17:50
385	16	956	SEAN SPENCER	16	M	M1519	MANHATTAN BE	CA	55:20	17:51
386	20	927	LEXIS ROSEN	21	F	F2024	MANHATTAN BE	CA	55:45	17:59
387	19	1764	SHERYL SPILLER	57	F	F5559			55:46	18:00
388	22	1528	CHARLES UN	59	M	M5559			55:50	18:01
389	25	358	MARKEAN NEAL	26	F	F2529	LOS ANGELES	CA	55:53	18:02
390	17	1851	KYLE TROUTMAN	16	M	M1519			55:53	18:02
391	26	1754	INDIANA GABBIDON	34	F	F3034	LOS ANGELES	CA	55:54	18:02
392	29	1719	KATHY WELLS	38	F	F3539			55:54	18:02
393	30	710	GAIL MACKLEMORE	38	F	F3539	PARAMOUNT	CA	56:43	18:18
394	9	1705	CHRISTOPHER SCHMITZ	14	M	M0114	LA PUENTE	CA	56:43	18:18
395	13	1707	JOHN SCHMITZ	52	M	M5054	LA PUENTE	CA	56:44	18:18
396	21	1706	ELIZABETH SCHMITZ	21	F	F2024	LA PUENTE	CA	57:22	18:31
397	13	430	PEARL ROMERO	54	F	F5054	SAN GABRIEL	CA	57:24	18:31
398	20	957	TONI SPENCER	55	F	F5559	MANHATTAN BE	CA	57:25	18:31
399	31	850	GRISELDA TAPIA	36	F	F3539	WEST COVINA	CA	58:29	18:52
400	21	1549	DONNA MARTINEZ	56	F	F5559	TORRANCE	CA	58:32	18:53

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## 14TH ANNUAL KEEP LA RUNNING

RESULTS FOR THE 5K RUN/WALK  
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PLACE	DIV	NO.	NAME	AG	S	DIV	TOWN	ST	TIME	PACE
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## KEEP5KRS.TXT

401	21	944	MARIO ROMERO	31	M	M3034	MANHATTAN	BE	CA	58:33	18:53
402	22	917	ANN BRASS	59	F	F5559	MANHATTAN	BE	CA	58:35	18:54
403	12	926	RUTH BLACKMAN	62	F	F6064	MANHATTAN	BE	CA	58:36	18:54
404	19	928	ALLAN BLACKMAN	63	M	M6064	MANHATTAN	BE	CA	59:36	19:14
405	23	924	JON BRASS	58	M	M5559	MANHATTAN	BE	CA	59:36	19:14
406	8	774	DASEAN HARRIS	27	M	M2529				1:00:01	19:22
407	10	628	BASTIAN GODOY	13	M	M0114	MANHATTAN	BE	CA	1:00:02	19:22
408	18	941	MARK ROUSSEY	44	M	M4044	MANHATTAN	BE	CA	1:00:21	19:28
409	27	597	RAMONA THOMAS	30	F	F3034	GARDENA		CA	1:00:39	19:34
410	28	725	JESSICA MILLA	31	F	F3034				1:00:40	19:34
411	14	858	WILLIE WATTSTROUTMA	51	F	F5054	GARDENA		CA	1:00:40	19:35
412	13	354	KEIKO NAKANO	61	F	F6064	HARBOR CITY		CA	1:00:41	19:35
413	29	244	DEBRA ITAMURA	34	F	F3034	LOMITA		CA	1:00:42	19:35
414	26	226	NANCY HENDERSON	27	F	F2529	REDONDO BEAC		CA	1:00:56	19:40
415	30	367	STEPHANIE NURUKI	33	F	F3034	HARBOR CITY		CA	1:01:03	19:42
416	9	353	GREG NAKANO	29	M	M2529	HARBOR CITY		CA	1:01:04	19:42
417	32	111	HOLLY CRAFT- MORENO	37	F	F3539	NORTH HILLS		CA	1:03:47	20:35
418	15	859	FREEMAN TROUTMAN	46	M	M4549				1:03:47	20:35
419	23	573	NANCY YODER	55	F	F5559	ANAHEIM		CA	1:03:48	20:35
420	24	773	ZENOLA COCHRAN	55	F	F5559				1:04:01	20:39
421	5	186	ROSARIO GARCIA	68	F	F6569	CARSON		CA	1:05:24	21:06
422	31	183	DINAH GARCIA	31	F	F3034	CARSON		CA	1:05:24	21:06
423	32	97	DEBRA CIFUENTES	30	F	F3034	DOWNEY		CA	1:05:25	21:06
424	12	187	BRIDGETT GARVIN	47	F	F4549	INGLEWOOD		CA	1:05:32	21:09
425	16	73	CHERYL CANO	43	F	F4044	LOS ANGELES		CA	1:05:33	21:09
426	17	54	PORTIA BOOKER	40	F	F4044	INGLEWOOD		CA	1:05:34	21:09
427	18	53	PONELLA BOOKER	40	F	F4044	VAN NUYS		CA	1:05:34	21:09
428	24	1769	ROD WRIGHT	55	M	M5559				1:05:42	21:12
429	14	839	THAD HORNE	51	M	M5054	REDONDO BEAC		CA	1:05:47	21:14
430	25	834	MARILYNN HORNE	56	F	F5559	REDONDO BEAC		CA	1:05:50	21:15
431	11	1850	SHANNON TROUTMAN	18	F	F1519				1:06:22	21:25
432	19	1771	MELANIE BARR	41	F	F4044				1:08:30	22:06
433	22	101	MICHELLE COLE	22	F	F2024	LOS ANGELES		CA	1:08:32	22:07
434	33	563	DONNA WOODS	30	F	F3034	HAWTHORNE		CA	1:09:26	22:24
435	27	123	SUNDEE DARNELL	29	F	F2529	LAWNDALE		CA	1:09:29	22:25
436		419	MICHAEL RIVERA		M					1:09:29	22:25